

## **INLAYS AND ONLAYS POST-OPERATIVE INSTRUCTIONS**

The cement is already set and the crown, veneer, inlay/onlay or bridge is ready for immediate use. You may experience some minor discomfort for the first few days after your treatment. This should diminish gradually over time. If you have been given an anesthetic, this should subside in a few hours. Please be careful not to bite your cheek or tongue. Also, do not eat or drink anything extremely hot or cold until the anesthetic has completely worn off.

The bite should feel normal when the anesthetic subsides. The bite has been adjusted so your new crown feels natural. If it feels that your bite is still high, contact our Orlando office for an adjustment. If sensitivity to hot, cold or biting pressure persist longer than one week, please call our office for a follow-up evaluation and/or simple adjustment. The tooth will look natural in color, so you may not be able to notice the restoration.

Do not bite anything with your teeth that can damage them (such as finger nails, thread, fishing line, paper clips, pens, etc.). We recommend professional maintenance and evaluation at least twice a year. If you have had a periodontal (gum disease) problem in the past, you should see us a minimum of four times a year. Proper care includes brushing, flossing and rinsing with a mouthwash a minimum of twice daily.