

**PORCELAIN VENEERS
POST-OPERATIVE INSTRUCTIONS**

It is best to refrain from eating for at least 2 hours and until the anesthesia has worn off to prevent possibly injury to your soft tissue.

Temporary Veneers: Please be careful when cleaning around the temporary restorations. Do not pull up on the temporary when flossing this area. Make sure to brush this area gently and not to chew any hard foods on the restoration. If your temporary comes off between appointments, please call our office so that we can reapply it for you. Sensitivity to hot and cold is to be expected following treatment. For the first few days, try to avoid extremely hot or cold foods and beverages. It is normal to have discomfort in the gums around the tooth after the anesthesia wears off. If you feel discomfort in the gum tissue, rinse the area with warm salt water. You can also take an Advil or Tylenol if the discomfort persists.

Permanent Veneers: When the final restoration is placed, your bite may feel a little different. This is just your mouth adjusting to the new addition. If it still feels off in a few days, please call the office for a slight adjustment. It is important to resume regular brushing and flossing immediately. It is very important to thoroughly clean the area between the veneer and the tooth at the gumline. A consistent daily home care routine will increase the longevity of the restoration.